



Hello from your HMH-464 Family Readiness Officer! It is my absolute pleasure and honor to be allowed to support your Family, Marines and Sailors.

It is my job to provide official, two-way communication for the Command and the Families of our service members at HMH-464. Additionally, I will provide an avenue for families and service members to access resources, referrals, information and support on every aspect of military life.

A weekly Squadron E-news is sent out to our email distribution list. If you are not currently receiving this information and you would like to, please contact me right away to be put on the distribution list. A quarterly Family Readiness Newsletter is also sent out with letters from our Command Team. If you do not receive either of these publications via email and would like to, please contact me right away so we can update your contact information.

It is also my job to direct you to the many classes and seminars that MCCA and the Marine Corps offer to you and your family for a wide range of topics. Lifestyles, Insight, Networking, Knowledge and Skills or L.I.N.K.S, is probably the most utilized of all and in my opinion, the most important for any military family member. In taking this class family members of all ages are given the information and tools they need to help navigate their time with the Marine Corps. Things like local resources, support programs, tips for dealing with deployments, reducing stress during moves, pay and entitlements and much more! This class is especially recommended for spouses, but is available for children, teens and parents too! Contact me if you are interested.

Appointed Family Readiness Officer for the Condors in 2008, I have been working hard to get the program where it needs to be to ensure that all Marines, Sailors and Family members have everything they need to be successful. If you need anything or have any questions at all, please do not hesitate to contact me at any time.

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